

HUMBLE FIT COLLECTIVE Inc. RESPONSE to INTERIOR HEALTH COVID-19 GUIDANCE
***MASKS ARE REQUIRED AT ALL TIMES as per November 19th guidance from PHO**

1. Control Access
 1. Humble Patrons access is restricted to scheduled class times during which a member of the coaching staff is always present.
2. Limit Occupancy
 1. **Fitness/yoga** classes are limited to **8 patrons** in attendance. Each athlete will be assigned his or her own "stall." Walkways between stalls will ensure physical distancing of 2m will be adhered to at all times.
 2. Patrons must **pre-register** and **check-in** for classes using the **Triib app**
 3. Class times are separated by a minimum of 15 minutes to ensure adequate time for physical distancing during entry/exit as well as proper sanitization of equipment and surfaces
3. Post Signs
 1. Signage will be posted to ensure physical distancing and hygiene:
 - i. No entry if symptomatic/have traveled out of country—at entrance
 - ii. Appropriate hand washing/sanitizing hygiene—washroom, near sanitizer stations
 - iii. Physical distancing—throughout gym space
 - iv. Touch it, sanitize it (**with cleaning instructions**)—near equipment storage
4. Screen Arriving Patrons
 1. Coach will ask regarding symptoms as patrons arrive
5. Manage Customer Entry Points
 1. Tape will indicate 2 meter marks from outside of door to entry and from entry to front desk etc.
 2. All customers will enter through the 3rd St. entrance and exit through the back alley
6. Require staff to self-monitor for symptoms
7. Contactless Payment
 1. Patrons will pay and check in for classes via the Triib app
8. Hand sanitizer stations
 1. Front Desk
 2. Back Hallway exit
 3. Equipment station
9. Appropriate disinfectants:
 1. Gym space will utilize Interior Health Authority approved alcohol-based cleaners
 - i. Medtrica Biodegradable Disinfecting Wipes
 - ii. Lysol aerosol spray for door handles etc.
10. Provide Patrons with wipes/spray to clean equipment
 1. Alcohol sprays will be available at each patron workout station, as well as at:
 - i. Weight shelving unit
 - ii. Dumbbell shelving unit
11. Proper spacing (2m) between machines
 1. Rowing machines/assault bike will fit into athlete stalls which are 2m apart
12. Encourage physical distancing/discourage congregating
 1. Patrons will complete workout in isolated "stalls"
 2. Patrons will enter using 3rd street entrance and exit through back alley to mitigate congestion
13. Do NOT offer classes unless patrons can stay 2 metres apart at ALL times.
 1. Class sizes effectively reduced to 8 in attendance to allow for ample space for workouts, gathering equipment and using the facilities.
 2. No childcare provided to ensure numbers stay within designated distancing protocols established.